

MANIPULATION UNDER ANESTHESIA

The art, science and practice of the non-operative restoration of the function of bones, joints, muscles, tendons, and ligaments while the patient is under a gentle "twilight" anesthesia. This fibrosis release technique is applied to the spine, hips, shoulders and knees.

SPECIAL OFFER: Call Today for A No Charge consultation with Dr. Strauss. Simply mention that you read this special offer. . You will get to sit down with Dr. Strauss and discuss whether or not Manipulation under Anesthesia is an appropriate treatment for your condition. Dr. Strauss will review your medical history and will answer any questions you may have.

Manipulation under anesthesia (MUA) is the use of manual manipulation of the spine, hips, shoulders and knees combined with the use of very light "twilight" anesthetic. The addition of anesthetic allows for the benefits of manipulation to be shared with those patients who cannot tolerate manual techniques because of pain response, spasm, muscle contractures, and guarding. MUA uses a combination of specific manipulations and passive stretches.

IS MUA NEW OR EXPERIMENTAL?

Spinal manipulation under anesthesia (MUA) has been used to treat a wide variety of musculoskeletal disorders dating as far back as the 1930s and 1940s. The generally accepted rationale for how MUA works is based on solid scientific data relating to muscle and joint physiology. MUA in the clinical setting is based on the hypothesis that fibrous adhesions in the joint capsules and surrounding supportive tissues can be altered by the use of specific manipulative and stretching techniques. The result of altering adhesions is increased mobility of the motor unit caused by an increase in flexibility of the supportive tissue. Siehl and Claybourne have documented the validity of MUA as a procedure useful in treating musculoskeletal disorders when restriction of the joint, joint capsule, and surrounding musculature has taken place as a result of the formation of fibrous adhesions.

WHO CAN BENEFIT FROM MUA?

1. Nerve entrapment (pinched nerves)
2. Chronic muscle pain and inflammation
3. Chronic muscle fibrosis (shortened restricted painful muscles)
4. Arthritis
5. Chronic disc degeneration with pain
6. Restricted motion of the joints with pain following a trauma

DOES INSURANCE COVER THIS PROCEDURE?

MUA is covered by most insurances including workers compensation and no fault policies. The coverage is dependent on the patient's medical necessity for the procedure. You will be carefully evaluated for medical necessity before a decision as to whether you are a candidate for MUA.

WHAT IS THE MUA PROCEDURE LIKE?

Before the day of the procedure, the patient is instructed regarding food restrictions and use of medications. The patient will often be picked up by car service and then driven home after the procedure or a friend or family member will accompany them and do the driving. The patient is placed on the procedure table and vital sign monitoring is instituted, including electrocardiography, blood pressure, and pulse oximetry. Supplemental oxygen is given.

The MUA procedure generally takes between 15 and 20 minutes. The patient is continually monitored by an anesthesiologist. Blood pressures are obtained at least every 5 minutes, and a complete anesthesia record is maintained. The patient spends 30 minutes in the recovery room at the termination of the procedure.

Phone us at (845) 624-0010

Dr. Andrew Jay Strauss B.Sc., D.C. (Palmer), Dip. Acup., Dip. Clinical Nutrition, D.T.M. (M.A.), M.Sc.(Acup)
75 West Route 59, Suite 2035, Nanuet, New York 10954
Our office is located inside the Nanuet Mall upstairs opposite LensCrafters